

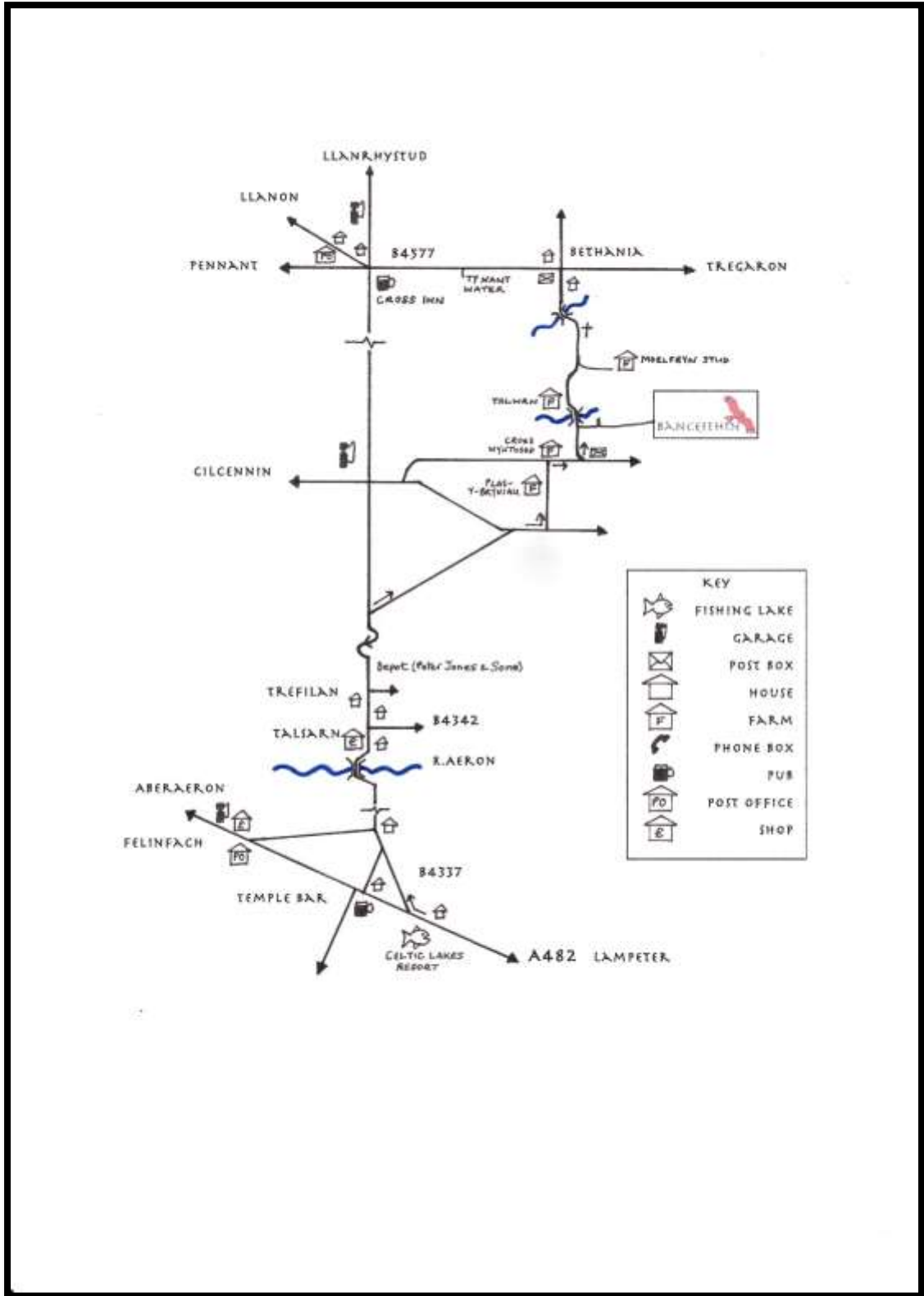
## DIRECTIONS TO BANCEITHIN FROM THE SOUTH

### **M4 route via Carmarthen:**

This is the quickest route if there are no traffic problems on the M4.

1. Follow **M4** to the end and take **A48 to Carmarthen**.
2. At the first roundabout in Carmarthen take the last exit onto the **A40** signposted to **Llandeilo**.
3. Go straight across the next roundabout and at the following one turn left for the **A485 to Lampeter (Llanbedr Pont Steffan)**.
4. At the next roundabout turn right onto the **A485 to Lampeter** (you are approximately 50 minutes from Banceithin).
5. There is a short cut to miss out Lampeter:
  - At the crossroads in **Llanybydder** (just before the shop), turn left off the A485 onto the **B4337 to Llanwnnen**.
  - You will come to a staggered crossroads in Llanwnnen - cross over the A475 and stay on the **B4337 to Temple Bar**.
  - In Temple Bar go straight over another staggered crossroads heading towards **Talsarn**.
  - You'll come to a T- junction - turn left (continue directions from point 7 below).
6. If you go via Lampeter:
  - Head out of Lampeter on the **A482 to Aberaeron**
  - Just before you get to **Temple Bar** turn right on to the **B4337** signed for **Llanrystud** (this is a wide turning with a filter lane just after an entrance on the left to Celtic Lakes Resort) - the turning is approximately 10-15 minutes drive from Lampeter.
7. Go through **Talsarn**, past a Honda quad bike store on the left, stay on the road through **Trefilan (B4337)**, and wind your way up the hill.
8. Near the top of the hill as it bends round to the left you will see a white house on the right, **turn right** here onto a single track lane - there are blind corners along this road so take your time.
9. At the next junction **turn right** and immediately **left**
10. **Turn right** at the next junction and then **turn left** - after the first house on the right and just before a small stone bridge, turn **right** and go through the gate up the right hand track.

**Welcome to Banceithin!**



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